

Woven Wrap Tutorial Cheat Sheet

This cheat sheet is meant to go along with the full woven wrap tutorial found at BabywearingDIY.com
Please read through the full tutorial before starting. This is not meant as a substitute for the tutorial.
Scan the QR code in the top corner with a barcode scanner app on your phone or tablet to view full tutorial.



1) Pick a safe fabric

Safe fabric passes four rules:

- 1) Fiber Content: Natural Fibers (cotton, linen, silk, wool, hemp)
- 2) Weight: Bottomweight (like blue jeans or a heavy tote bag; 185-220gsm or 5-7oz/sq yd)
- 3) Weave: No stretch, clearly visible fibers, tight weave)
- 4) Care Instructions: Machine Washable

2) Buy the right amount

Wrap Size	Finished Length	Yards Needed including 20% Shrinkage
1	79"	2.75y
2	98"	3.5y
3	122"	4.0y
4	146"	5.0y
5	165"	5.5y
6	181"	6.0y
7	205"	7.0y
8	220"	7.5y
9	248"	8.25y

3) Scour (if osnaburg)

To an insulated container or large non-aluminum pot full of boiling hot water, add:

- 1) a few tablespoons of sodium carbonate AKA washing soda AKA pH up (not baking soda)
- 2) a generous squirt of Blue Dawn dish soap AKA Fairy AKA Synthropol

Simmer (on stove) or seal and soak (if in a storage tub or cooler) for 1 hour, stirring regularly.

5) Wash & Dry

Wash and dry for shrinkage. Ideally, use detergent that:

- 1) Contains no added dyes or fragrances
- 2) Is liquid, not powder
- 3) Contains no fabric softener
- 4) Contains no optical brighteners

6) Dye (optional)

Use a fiber reactive, baby safe dye.

7) Cut to width

Cut fabric to between 28"-34" wide for a finished, hemmed width of 26"-32" wide.

8) Hem

Hem all four edges with a double folded hem.

10) Learn to Use it

Scan the QR codes below with a barcode scanner app on your phone or tablet to watch videos of good "first carries."

Base Size
Front Wrap Cross Carry



Base-1 or Base-2
Front Wrap Cross Carry
Tied Under Bum



Base-3
Semi Front Wrap Cross Carry



Base-5, Base-4
Traditional Sling Carry

