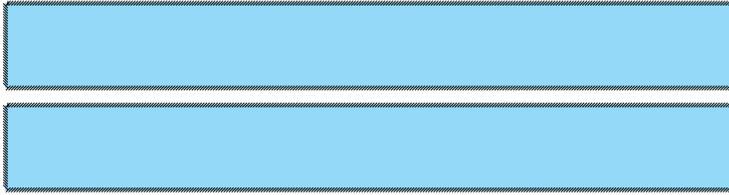


# How To Make A Traditional X-Onbuhimo

You Need:



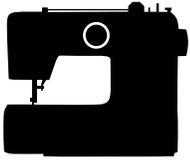
This fabric is:

without any stretch  
thick like men's pants  
natural fibers like cotton or linen  
machine washable

Each strap is:

100 inches x 12 inches (6-18 months)  
100 inches x 15 inches (18-36 months)  
250 centimeters x 30 centimeters (6-18 months)  
250 centimeters x 40 centimeters (18-36 months)

150 inches long or 375 centimeters long for plus size or fancy finishes



Sewing Machine



Thread

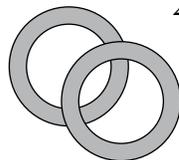
Regular All Purpose  
100% Polyester



Sewing Machine Needle

Heavy Duty or Denim Needle

Optional:



2 small aluminum rings  
2 inch inner diameter  
5 centimeter inner diameter  
weight tested, without seams

Symbols:



raw, unfinished edge



folded/finished edge



sew here



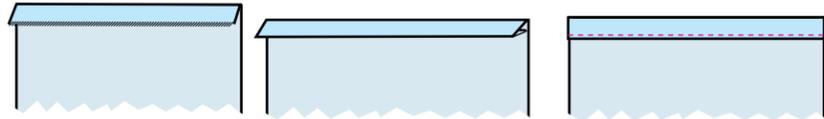
stitching from  
previous steps

1)

Hem all edges of both straps.

To hem:

- Fold edge over 1/4 inch or 1 centimeter.
- Press flat.
- Fold edge again 1/2 inch or 1.5 centimeters.
- Press flat.
- Sew along inside fold.

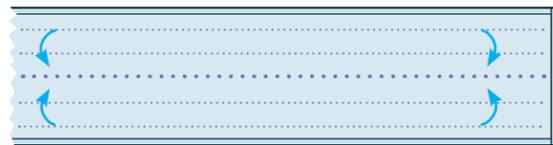


2)

Box pleat the end of each strap. To do so:

Along the last 12 inches (30 centimeters) mark fabric in half. Mark each half in thirds.

Fold top third down to half-way line. Fold bottom third up to half-way line. Press flat.



Cross section of folds:



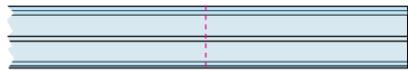
3)

For rings:

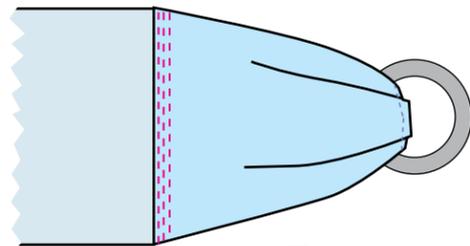
Measure 4 inches/10 centimeters from the end of each strap and sew a straight line across the pleats to keep them in place. Use a long stitch length, like a basting stitch.

For ringless/fabric loops:

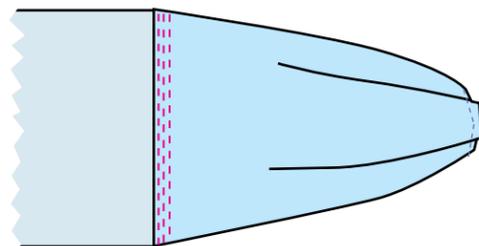
Measure 6 inches/15 centimeters from the end of each strap and sew a straight line across the pleats to keep them in place. Use a long stitch length, like a basting stitch.



4)



OR:



On each strap, fold the end of each strap wrong-sides-together along the line of stitching on the pleats. If using rings, thread one through the end of each strap so it is inside the fold.

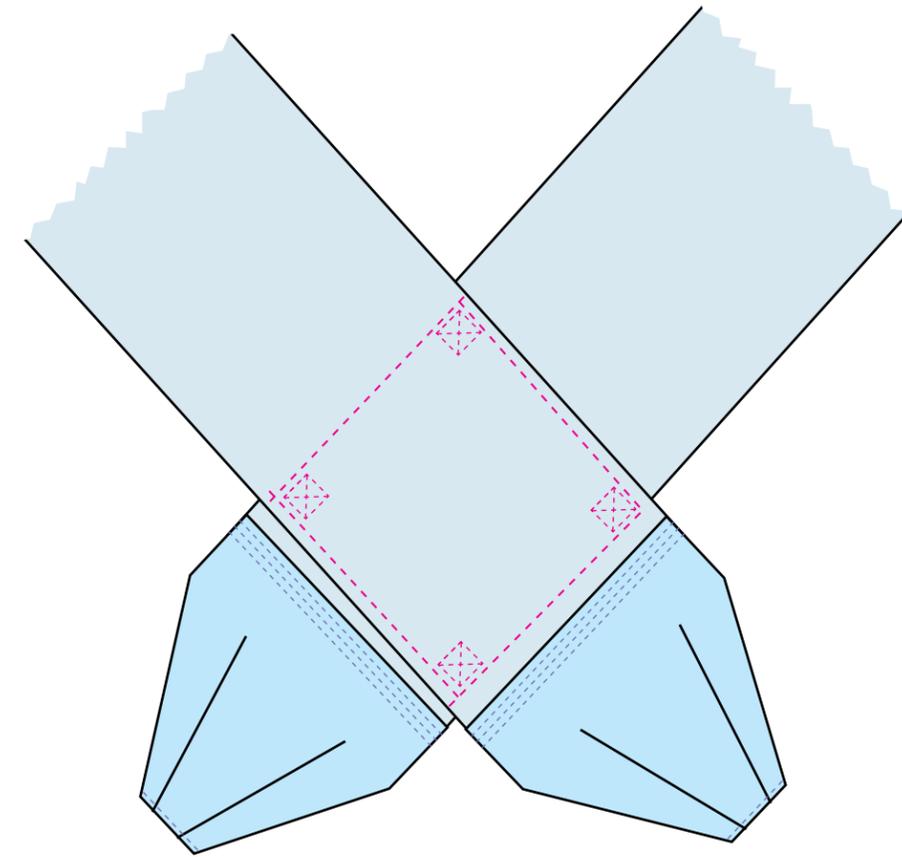
Gently unfold the pleats so that only the very end of the fold is pleated.

Sew 3 lines of stitching where the strap ends and overlaps with the long end of the strap.

5)

Cross the two straps at 90 degrees, with the edge of the loops (where the three lines of stitching from the previous step are) right at the edge of the overlap.

Pin in place. Run stitches along the four edges of the overlap, and then sew x-boxes in the 4 corners of the overlap.



How to sew a 2 layer x box:

