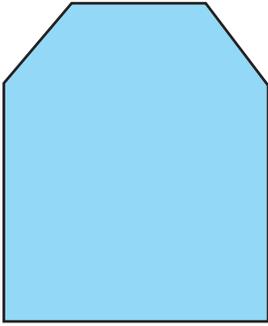


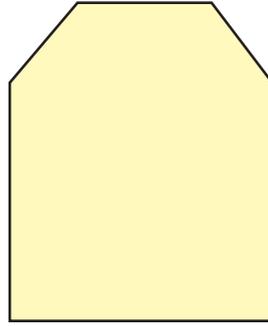
How to Assemble a 3-Layer Body Panel



Back layer:

without any stretch
thick like men's pants
natural fibers like cotton or linen
machine washable

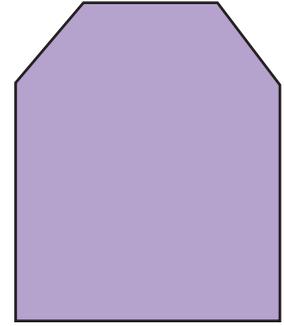
Examples:
cotton tablecloths, twill, 5+oz linen, duck cloth,
purpose woven wrap, etc



Reinforcing layer:

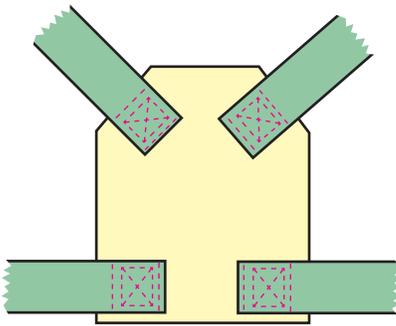
without any stretch
VERY thick like a strong bag
Tightly woven
natural fibers like cotton or linen
machine washable

Examples:
Heavy twill, duck cloth, canvas, 7+ oz denim, 7+oz linen.



Decorative layer:
pretty!

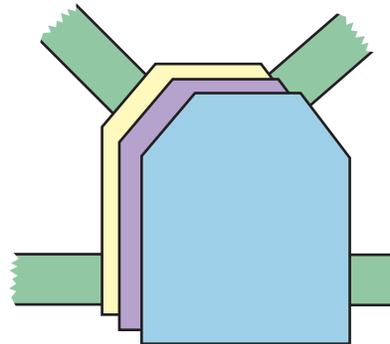
(without stretch will be easier to sew)
Examples: quilter's cotton, flannel,
tablecloth, duck cloth, tapestry, etc



Step 1:

Lay straps right side DOWN
on top of the Reinforcing
Layer, sunk in about 5".

Attach each strap using two
straight lines (one at the
innermost end of the strap,
and one approximately 1 or
2 inches away from the body
panel edge) and a 2- to 4-layer
x box in between these two
lines.

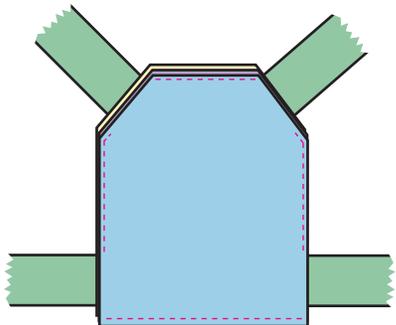


Step 2:

Turn the whole thing over (so
the straps are on the bottom
side of the Reinforcing Layer,
right side UP.)

Lay your Decorative Layer on
top of this, right side UP.

Then lay the Back Layer on
top of the other two layers,
right side DOWN.

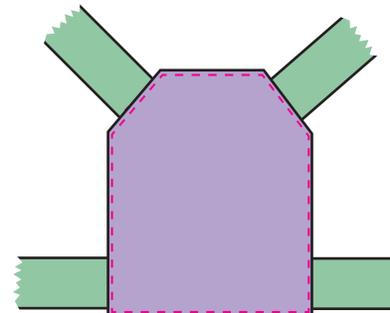


Step 3:

Line all the edges up neatly
and pin/clip in place.

Sew 1/2" away from the edges
all around, skipping the strap
holes.

Then, reach through one of
the strap holes, between the
Decorative and Back Layers,
and turn the whole thing right
side out.

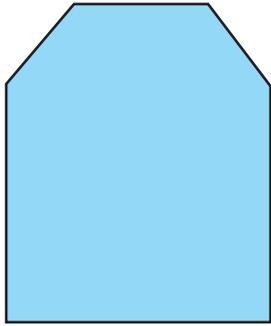


Step 4:

Pull the straps out. Turn the
raw edges around the straps
under and press with an iron.
Pin if needed.

Topstitch around the entire
outside edge of the body
panel.

How to Assemble a 2-Layer Body Panel

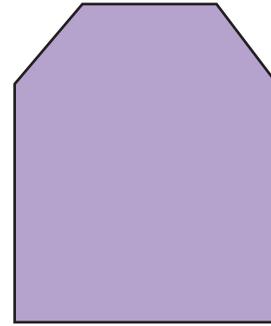


Back layer:

without any stretch
thick like men's pants
natural fibers like cotton or linen
machine washable

Examples:

cotton tablecloths, twill, 5+oz linen, duck cloth,
purpose woven wrap, etc

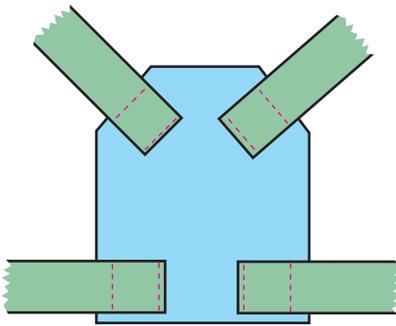


Decorative layer:

without any stretch
thick like men's pants
natural fibers like cotton or linen
machine washable

Examples:

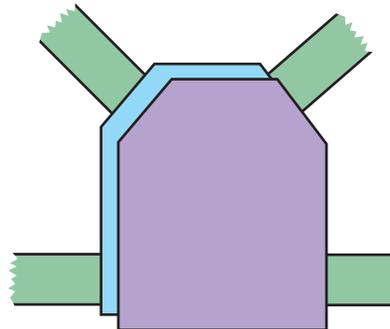
cotton tablecloths, twill, 5+oz linen, duck cloth,
purpose woven wrap, etc



Step 1:

Lay straps on top of the Back Layer, sunk in about 5", so that the straps are right side UP and the Back Layer is right side DOWN.

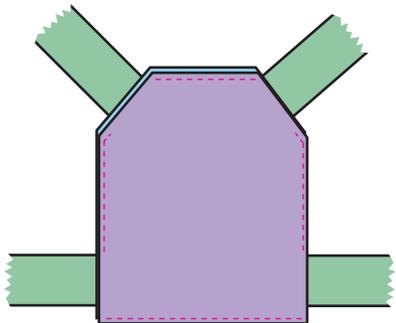
Attach each strap using two straight lines (one at the innermost end of the strap, and one approximately 1 or 2 inches away from the body panel edge.)



Step 2:

Turn the whole thing over (so that the Back Layer is right side UP and the straps are right side DOWN.)

Lay your Decorative Layer on top of this, right side DOWN.

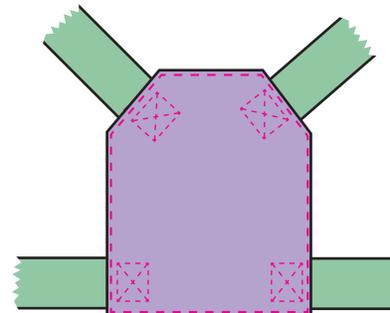


Step 3:

Line all the edges up neatly and pin/clip in place.

Sew 1/2" away from the edges all around, skipping the strap holes.

Then, reach through one of the strap holes, between the Decorative and Back Layers, and turn the whole thing right side out.



Step 4:

Pull the straps out. Turn the raw edges around the straps under and press with an iron. Pin if needed.

Topstitch around the entire outside edge of the body panel.

Reinforce through both body layers and each strap with a 2-to-4-layer x-box.