

How To Make A Nyia With Angled Straps

You Need:

80 inches x 15 inches
200 centimeters x 40 centimeters **A1**

This fabric is:

without any stretch
thick like men's pants
natural fibers like cotton or linen
machine washable

80 inches x 15 inches
200 centimeters x 40 centimeters **A2**

20 inches x
30 inches

50 centimeters x
75 centimeters

B1

B2

20 inches x
10 inches

50 centimeters x
25 centimeters

This fabric is:

without any stretch
thick like men's pants
natural fibers like cotton or linen
machine washable

18 inches x 4 inches
45 centimeters x
C1 10 centimeters

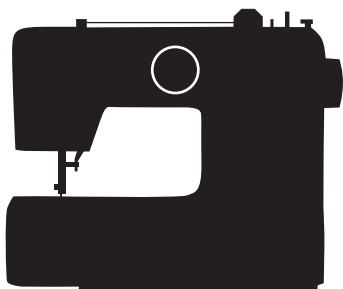
18 inches x 4 inches
45 centimeters x
C2 10 centimeters

This fabric is:

soft & fluffy
machine washable
fleece, wool, batting, or similar

18 inches x 4 inches
45 centimeters x
C3 10 centimeters

18 inches x 4 inches
45 centimeters x
C4 10 centimeters



Sewing Machine



Sewing Machine Needle

Heavy Duty or Denim Needle
Size 14-16




Thread

Regular All Purpose
100% Polyester

Symbols:

 raw, unfinished edge

 folded/finished edge

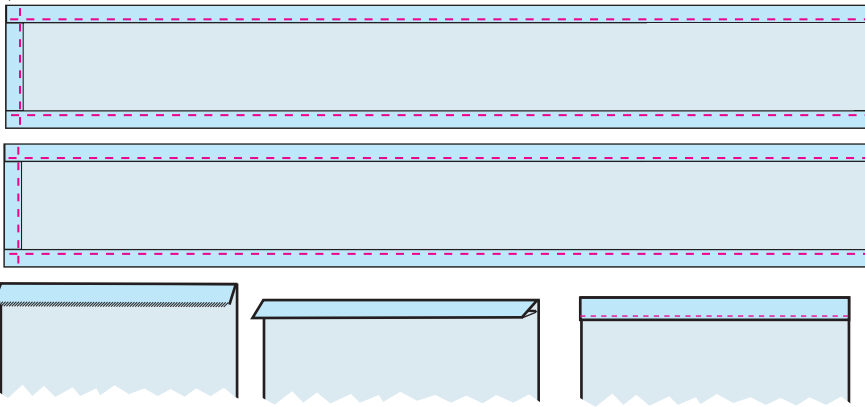
 sew here

 fold here

 stitching from
previous steps

1)

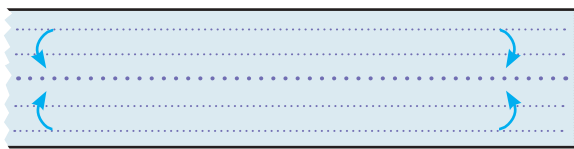
Hem the two long edges and one short edge of **A1** and **A2**.



To hem:

- Fold edge over 1/4 inch or 1 centimeter.
- Press flat.
- Fold edge again 1/2 inch or 1.5 centimeters.
- Press flat.
- Sew along inside fold.

2)



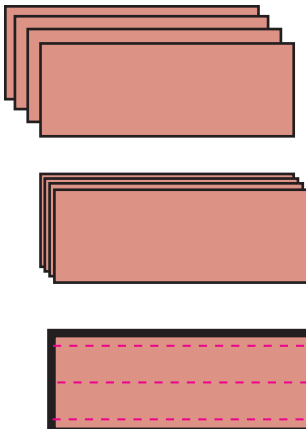
Along the last 10 inches (25 centimeters) of **A1** and **A2**, at the unhemmed end, mark fabric in half along the width. Mark each half in thirds.

Fold top third down to half-way line. Fold bottom third up to half-way line. Press flat and pin pleats in place.

Cross section of folds:



3)

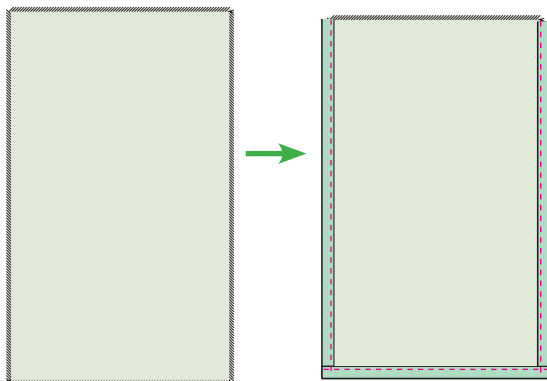


Stack **C1**, **C2**, **C3** and **C4** on top of each other.

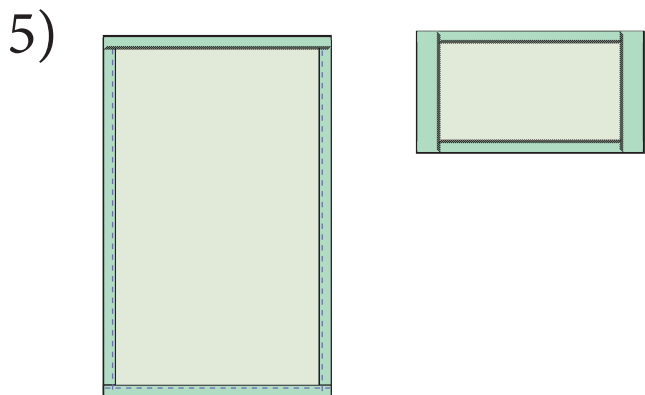
Neatly line them up so the edges are even.

Run a few lines of basting stitches along the length to keep them in place together.

4)

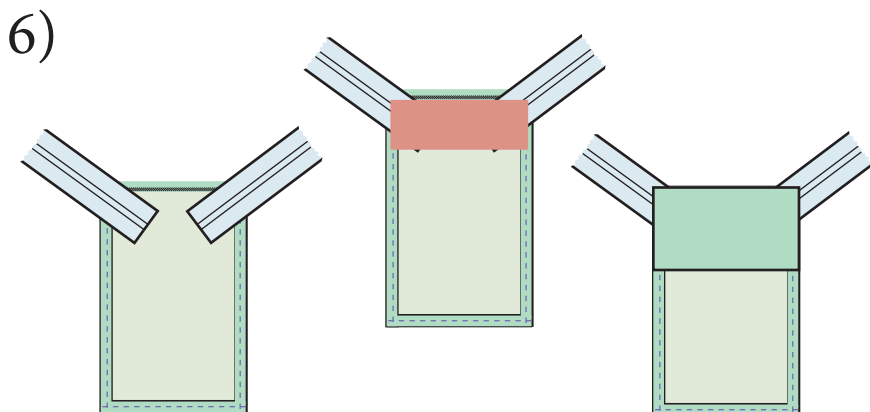


Double fold and hem two long sides and short bottom edge of **B1** using two 1/2 inch (1 centimeter) folds.



Fold the top of **B1**, as well as the top and bottom edge of **B2**, over 1/2 inch (1 centimeter) once and press flat.

Fold the short side edges of **B2** over 1 inch (2 centimeters) once and press flat.



Layer in the following order:

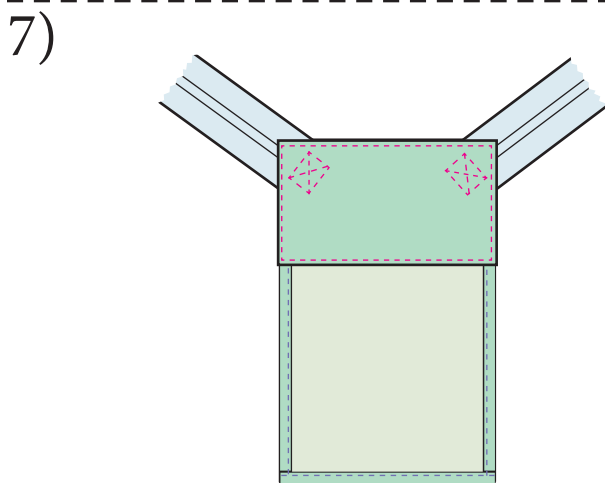
B1 wrong side up

A1 & **A2** pleated ends wrong side up overlapping the corners of **B1** by about 5 inches or 12 centimeters and angled outwards

C1-4 nearly flush with the top of **B1**

B2 right side up, lined up with the top of **B1**

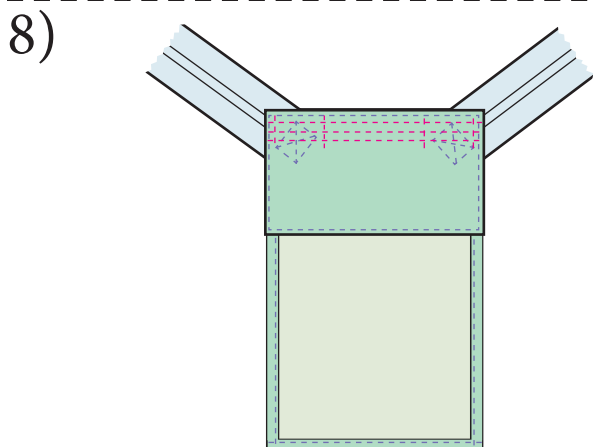
Pin everything in place.



Sew along the outside edge of **B2**.

Reinforce **A1** and **A2** with 2 layer x boxes.

Add a few vertical or horizontal lines of stitching in order to keep **C1-4** from shifting.



Add a few vertical or horizontal lines of stitching in order to keep **C1-4** from shifting.