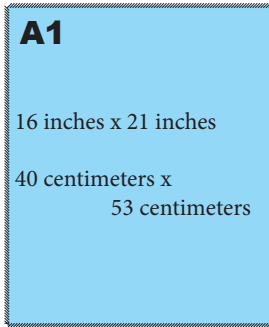


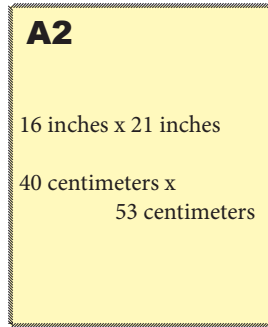
How To Make A Wrap Strap Mei Tai

You Need:

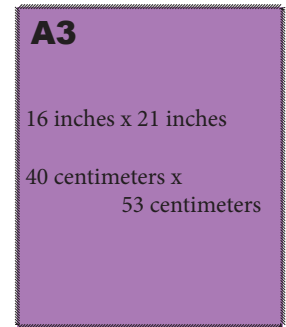
Body Panels



This fabric is:
 without any stretch
 thick like men's pants
 natural fibers like cotton or linen
 machine washable
 Examples:
 cotton tablecloths, twill, 5+oz linen, duck cloth,
 purpose woven wrap, etc



This fabric is:
 without any stretch
 VERY thick like a strong bag
 Tightly woven
 natural fibers like cotton or linen
 machine washable
 (This fabric will not be visible when finished)
 Examples:
 Heavy twill, duck cloth, canvas, 7+ oz denim, 7+oz linen.



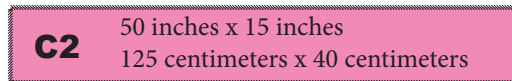
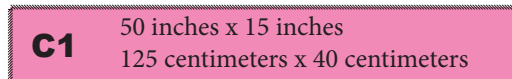
This fabric is:
 pretty!
 (without stretch will be easier to sew)
 Examples: quilter's cotton, flannel,
 tablecloth,

Shoulder Straps

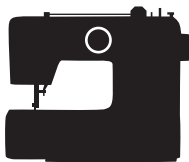


This fabric is:
 without any stretch
 thick like men's pants
 natural fibers like cotton or linen
 machine washable

Waist Straps



This fabric is:
 without any stretch
 thick like men's pants
 natural fibers like cotton or linen
 machine washable



Sewing Machine



Thread
 Regular All Purpose
 100% Polyester



Sewing Machine Needle
 Heavy Duty or Denim Needle

Symbols:

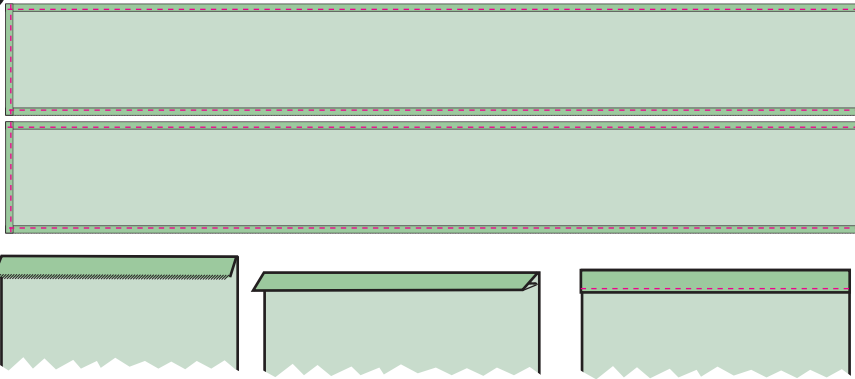
 raw, unfinished edge

 folded/finished edge

 sew here

 stitching from
 previous steps

1)



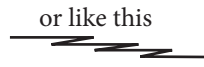
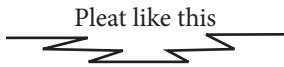
Hem both long edges and one short edge on **B1** and **B2**

To hem:

- Fold edge over 1/4 inch or 1 centimeter.
- Press flat.
- Fold edge again 1/2 inch or 1.5 centimeters.
- Press flat.
- Sew along inside fold.

2)

Cross section:



Pleat/fold raw short edge on **B1** and **B2** to reduce width to 4 inches/11 centimeters.

Stitch along raw edge & 4 inches/11 centimeters from edge to keep pleats in place.

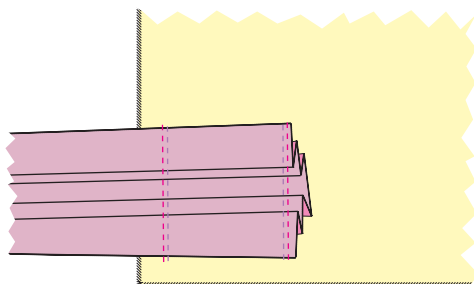
3)



Repeat steps 1 & 2 with **C1** and **C2**.



4)

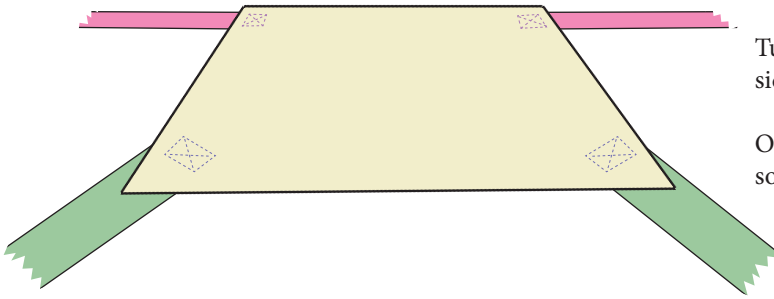


Lay unhemmed, pleated end of **C1** (right side DOWN) over the bottom left corner of **A2**, parallel to the bottom, about 1 inch/2 centimeters from the bottom edge, and overlapping **A2** by about 4 inches/11 centimeters. Pin in place while you sew.

Stitch 1 inch/2 centimeters from the left outside edge and again right along the raw unhemmed end of **C1**.

Remove pins.

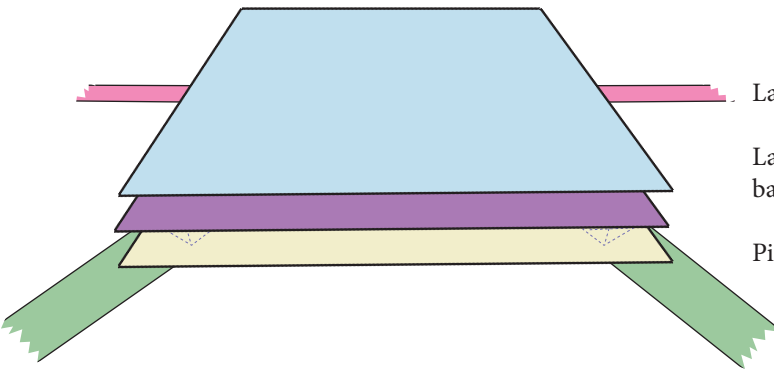
9)



Turn **A2** over so that all **B** and **C** straps are all on the bottom side of **A2** with the **B** and **C** straps facing right side UP.

Optional: roll up straps and secure with a rubber band so they don't get in the way while sewing.

10)

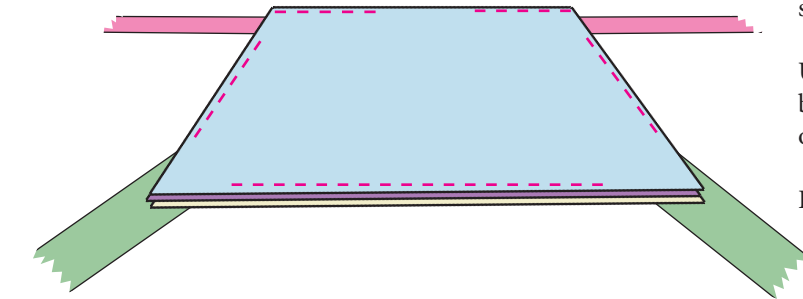


Lay **A3** on top, right side UP. This will be the visible layer.

Lay **A1** on top, right side DOWN. This will be the layer against baby's back.

Pin around the edges to keep all three layers in place.

11)

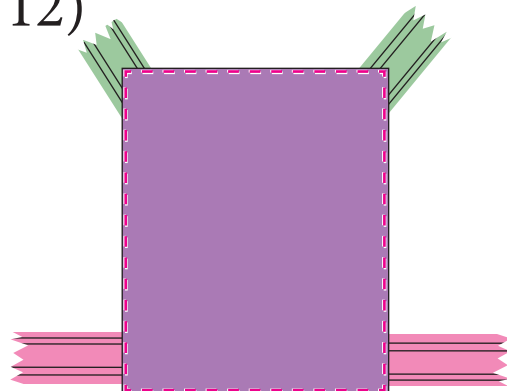


Sew around all four edges, 1/2 inch or 1 cm from the edge, **SKIPPING OVER** the straps and a 4 inch or 11 centimeter section at the bottom between the **C** waist straps.

Using the 4 inch/11 centimeter hole at the bottom, reach between layers **A1** and **A3** and turn the carrier right side out, gently pulling everything through the bottom hole.

Pull each strap back out through its own hole.

12)



After turning the carrier right side out, press all edges flat.

Turn any raw edges under and pin.

Stitch around the entire outside edge, very close to the edge.

Finished!