

# **ANGELA'S TURKISH TOWEL PODAEGI**

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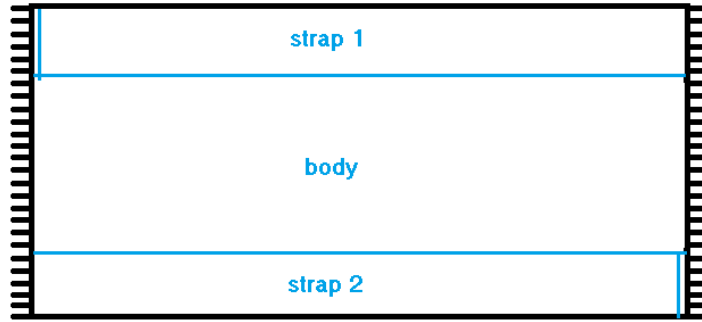
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■ **For this project, you will need :**

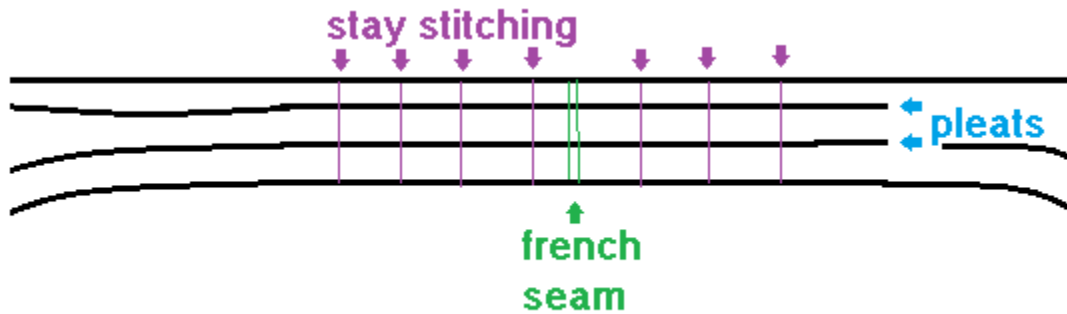
- one Turkish Towel of proper babywearing weight and about 68"x38"



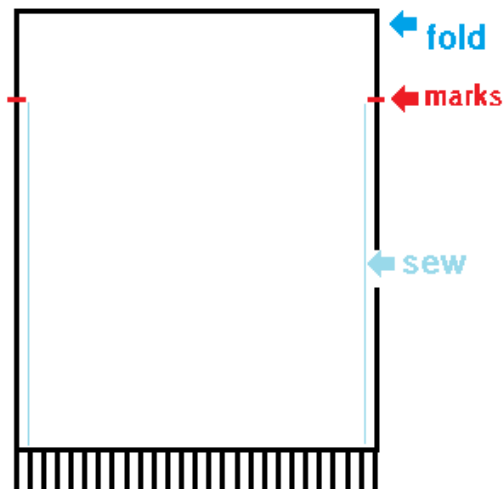
- matching thread
  - straight pins or clips
  - a sewing machine
  - (optional) ironing board and iron
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- **Step one: cut your pieces.**  
You will need to cut 2 long straps from both long sides of the towel. This will make it to where we only need to hem one long side of each strap. The middle section will become the body panel of the carrier. *(the width of your body panel should be fit to your baby and what's leftover will determine the width of your straps)*



- **Step two: hem the straps and sew together.**
  - Hem the long unfinished edge of the straps with a ½” rolled hem.
  - Sew both straps together on the short side using a french felled seam.
  - Gather or pleat the strap at the center the width of your body panel and put stay stitching every few inches. This will be hidden. The pleats will come out of the sides of the panel.

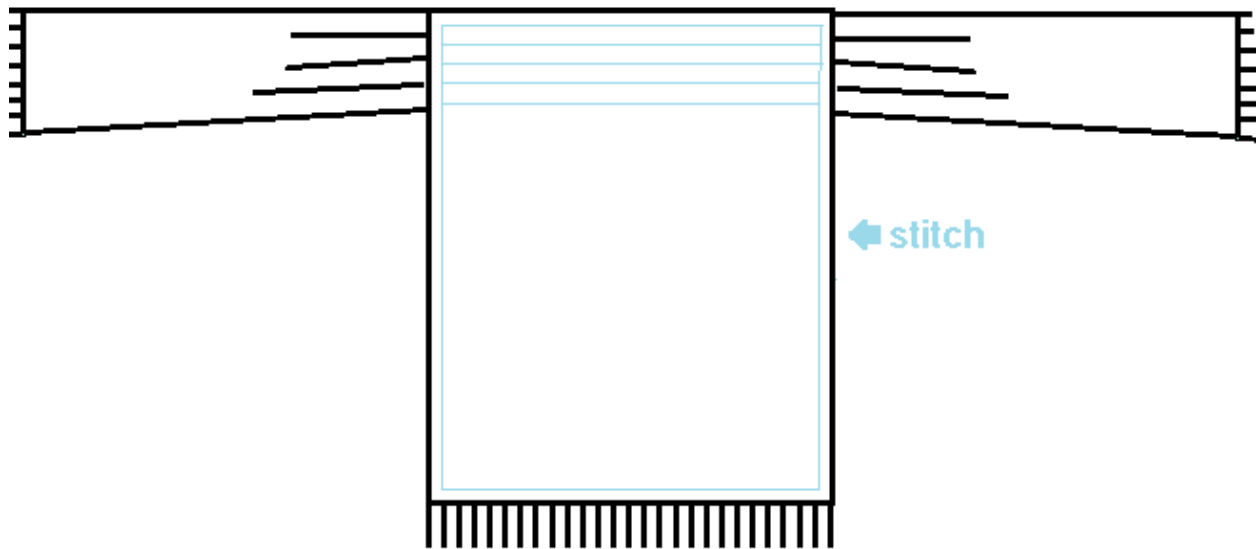


- **Step 3: sew the body panel:**
  - **Fold the remaining piece in half lengthwise so that the fringe is even. Iron the top if you please. Mark the holes at the top for your straps to go through. Sew up both sides to the marks.**



- **Turn the body right side out and press the sides. Make sure the holes are turned in so that when you top stitch, the raw edge will get sewn into the seam.**
- **Sew across the bottom of the panel by the fringe to close the end.**

- **Step 4: sew in the strap:**
  - Insert the strap through one hole and out the other, keeping your strap flat and straight/flush with the top of the panel. Pin/clip in place along the top.
  - Pin the open holes closed, making sure the holes are folded under enough that a  $\frac{1}{4}$  -  $\frac{1}{2}$ " seam allowance will catch the raw edge.
  - Top stitch around the entire carrier
  - Sew as many lines as you want across the top to sew the strap into the body and reinforce the top. Sew at least 3 lines of stitching



**Congratulations! You are done!**

**Go wear your baby. ☐**