How To Make A Podaegi

You Need:

100 inches x 15 inches
250 centimeters x 40 centimeters **A1**
	This fabric is:
	    without any stretch
	    thick like men's pants
	    natural fibers like cotton or linen
	    machine washable

100 inches x 15 inches 250 centimeters x 40 centimeters **A2**	

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36 inches x 60 inches
 	
92 centimeters x
        150 centimeters
B
	This fabric is:
	    without any stretch
	    machine washable

- -
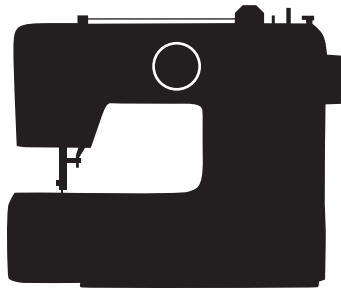

18 inches x 5 inches
45 centimeters x
C1   13 centimeters
	18 inches x 5 inches
	45 centimeters x
	C2 13 centimeters
		This fabric is:
		    soft & fluffy
		    machine washable
		    fleece, wool, batting, or similar

18 inches x 5 inches 45 centimeters x **C3** 13 centimeters	18 inches x 5 inches 45 centimeters x **C4** 13 centimeters	

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Sewing Machine*

*If you replace parts **A1** and **A2** with one continuous length 200 inches (5 meters) long, skipping steps 1 & 2, this carrier can be safely hand-sewn.

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Sewing Machine Needle
    Heavy Duty or Denim Needle
    Size 14-16

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Thread
    Regular All Purpose
    100% Polyester

Symbols:

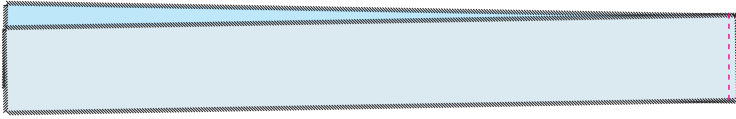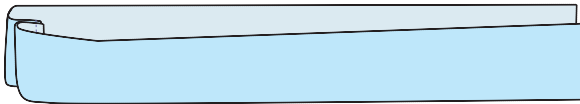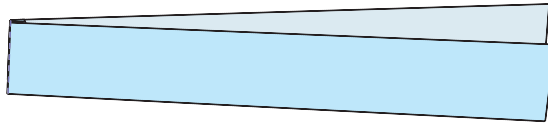|				
raw, unfinished edge	folded/finished edge	sew here	fold here	stitching from previous steps

1)

Sew **A1** and **A2** together
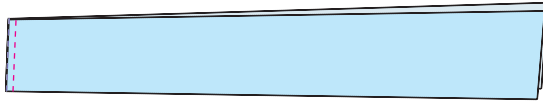1/4 inch or 1 centimeter from one end.
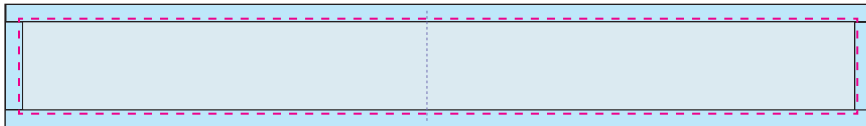
2)

Fold in half so stitches are on inside.

Press flat.

Sew together again 1/2 inch or 1.5 centimeters
from the folded end so raw edges are encased
inside seam.

3)

Hem all edges.

To hem:
    Fold edge over 1/4 inch or 1 centimeter.
    Press flat.
    Fold edge again 1/2 inch or 1.5 centimeters.
    Press flat.
    Sew along inside fold.

4)

Along the entire length of the strap, mark fabric
in half. Mark each half in thirds.

Fold top third down to half-way line. Fold bottom
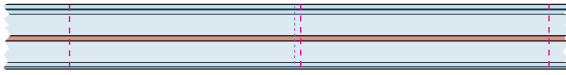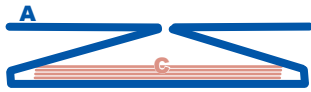third up to half-way line. Press flat.

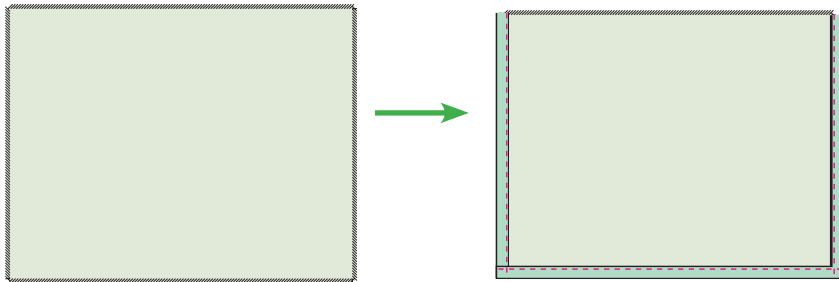Cross section of folds:

5)

Cross section view:

Put 4 layers of padding (**C1, C2, C3 & C4**) inside folds of strap **A** along the center 20 inches/50 centimeters.
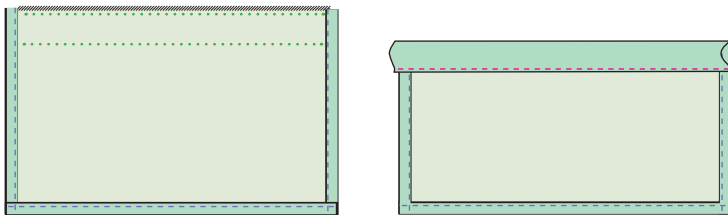
Stitch along edges of padding and center to keep folds and padding in place. Stitch every 10 inches or 25 centimeters for the center 70 inches or 1.75 meters of the band to keep pleats in place.

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6)

Fold over twice and hem two short sides and long bottom edge of **B**.
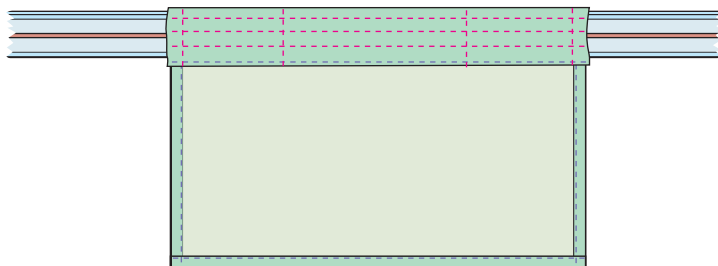
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7)

Fold over 1/2 inch or 1 centimeter of the top unhemmed edge of **B**. Press.

Measure another 6 inches (15 centimeters) down from the top and fold again. Press and sew along bottom fold.

The sides should be open, leaving an open sleeve along the top 6 inches of the blanket.

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8)

Thread strap **A** through the sleeve/pocket at the top of blanket **B** until centered. Padding should be centered inside pocket. Make sure strap is laying flat.

Close sides with vertical stitches.

Secure padding with vertical and horizontal lines of stitches.

Finished!